# **Breakfast K-1**

### **JUNE 2024**

	MON	TUE	WED	THU	FRI
	<b>3</b> Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice	4 Strawberry Yogurt Graham Crackers Or Cinnamon Bun Diced Pineapple & 100% Apple Juice	5 Honey Cheerios Graham Crackers or Cinnamon Butter Honey Biscuit N Diced Peaches & 100% Grape Juice	Plain Bagel w/ Cream Cheese or Jini Sausage & Cheese Flatbread Applesauce & 100% Orange Juice	<b>7</b> Apple Jacks Graham Crackers Raisins & 100% Grape Juice
	10 Multi-Grain Cheerios Graham Crackers Raisins & Applesauce	11 Strawberry Yogurt Graham Crackers  or Pancakes w/ Syrup 100% Apple juice & Diced Pineapple	12 Cinnamon Raisin Bagel w/ Butter or French Toast w/ Syrup Diced Peaches & 100% Grape Juice	Honey Cheerios Graham Crackers  or  Cinnamon Bun Fresh Apple & 100% Orange Juice	<b>14</b> Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice
	<b>17</b> Cinnamon Crisp Bar Raisins & 100% Grape Juice	Strawberry Yogurt Graham Crackers  or Breakfast Pizza Diced Pineapple & 100% Apple Juice	Multi-Grain Cinnamon Flakes Graham Crackers or Apple Frudel Diced Peaches & 100% Grape Juice	Plain Bagel w/ Cream Cheese or Waffles w/ Syrup Applesauce & 100% Orange Juice	<b>21</b> Blueberry Muffin Fresh Orange & 100% Very Berry Juice
	<b>24</b> Banana Muffin  Raisins &  Applesauce	25 Strawberry Yogurt Graham Crackers  or  Apple Frudel  Diced Pineapple & 100% Apple Juice	26 Multi-Grain Frosted Flakes Graham Crackers or Cinnamon Butter Honey Biscuit Diced Peaches & 100% Grape Juice	graham Toast Crunch Graham Crackers or Pancakes w/ Syrup Applesauce & 100% Orange Juice	<b>28</b> Cinnamon Crisp Bar Raisins & 100% Grape Juice
To Mind Market Market					





## **Lunch K-1**

### **JUNE 2024**

	MON	TUE	WED	THU	FRI
	3 Cheese Quesadillav w/ Sour Creamon WW Tortilla with Street Corn or Beef Meatloaf w/ Gravy WW Bun & Mashed Potatoes	4 BBQ Chicken with  Brown Rice & Baked Beans  or  Chickpea Marinara Pastav  w/ Cheese	Enffalo Chicken Flatbread Melt Celery Sticks w/ Ranch Dressing Or Cheese Raviolisv w/ Tomato Sauce & Green Beans		<b>7</b> Cheese Pizzav Or Chicken Salad Sandwich on WW Bread Garden Side Salad w/ Ranch
+ = - = = = = = = = = = = = = = = = = =	10 BBQ Beef Meatballs  WW Club Roll or  Pasta w/ Tomato Sauce &  Mozzarella Cheesev  Broccoli  Fresh Orange	11 Chicken Tenders with  Roasted Potatoes or Protein Pasta Alfredov WW Bread Slice Peas Fresh Pear	12 Turkey Hot Dog on WW Bun with Baked Beans or  Spanish Rice w/ Cheese & Kidney Beansv  Fresh Apple	13 Cheese Lasagna w/ Tomato Sauce & Green Beans or Chicken Caesar Salad with Pita Bread Fresh Banana	14 <sub>French</sub> Bread Cheese Pizza or Chicken Breast Sandwich on WW Bread Baby Carrots w/ Ranch Dressing Raisins
	Or Egg & Cheese Sandwich on English Muffiny Roasted Potatoes	Turkey Salsa Bowl with Ranchero Brown Rice & Pinto Beans Or Black Beans & Tomatoes or Spanish Rice w/ Cheese & Kidney Beansv	w/ Tomato Sauce & Broccoli or Veggie Burgerv on WW Bun Garden Side Salad w/ Ranch	20 Cheesy Crispy Chicken Biscuit withCelery Sticks w/ Ranch or Cobb Saladv with Pita Bread Fresh Banana	<b>21</b> Cheese Pizza <sup>v</sup> or Turkey & Cheese Sandwich on WW Bread Baby Carrots w/ Ranch Dressing
	Fresh Orange  24 Chicken Nuggets with Baked Beans or Falafel Bitesv with Quinoa Pilaf Black Beans & Tomato	25 Homemade Macaroni & Cheese or Beef Meatballs w/ Tomato Sauce & Mozzarella Cheese WW Club Roll Broccoli	Fresh Apple  26 French Toast Sticks w/ Scrambled Eggsv  Roasted Sweet Potatoes Of  Hot Honey Chicken Ciabatta Sandwich  Roasted Sweet Potatoes	27 Adobo Chicken with Cilantro Brown Rice & Stree Corn or Veggie Burgerv on WW Bun Roasted Potatoes	Raisins  Prench Bread Cheese Pizza  or  Egg Salad Sandwichv  on WW Bread  Celery Sticks w/ Ranch Dressing





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## **Snack Menu**

### **JUNE 2024**

MON	TUE	WED	THU	FRI
<b>3</b> WG Cheez-its 100% Fruit Juice	<b>4</b> WG Cool Ranch Doritos 100% Orange Juice	<b>5</b> WG Graham Crackers 100% Apple Juice	<b>6</b> WG Apple Muffin String Cheese	<b>7</b> WG Pretzels 100% Orange Juice
<b>10</b> WG Banana Muffin 100% Orange Juice	<b>11</b> WG Baked Cheetos 100% Fruit Juice	<b>12</b> WG Graham Crackers Strawberry Yogurt	<b>13</b> WG Pretzels  Cheese  Stick	<b>14</b> WG Corn Muffin  100% Orange Juice
17  Roasted Sunflower Seeds  100% Fruit Juice	<b>18</b> WG Cheez-its  Baby Carrots w/ Ranch	<b>19</b> WG Sunchips 100% Orange Juice	20 String Cheese Fresh Large Apple	<b>21</b> WG Graham Crackers 100% Orange Juice
WG Pretzels 100% Orange Juice	<b>25</b> WG Graham Crackers  100% Fruit Juice	<b>26</b> WG Blueberry Muffin String Cheese	<b>27</b> WG Chewy Granola Bar  100% Fruit Juice	<b>28</b> WG Tostitos  100% Apple Juice



